

# Truesdale Lake Study

Engineering study of wastewater issues  
and solutions around Truesdale Lake

Town of Lewisboro,  
Westchester County, New York

**RAMBOLL**

Bright ideas.  
Sustainable change.

 **INSITE**  
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LANDSCAPE ARCHITECTURE, P.C.

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# Agenda

## **1. Introduction**

- Meet the team (Ramboll and Insite)
- Objectives

## **2. Existing conditions evaluation**

- Environmental settings
  - Nutrient loading
  - Onsite septic disposal systems
- Nutrient (phosphorus) loading
- Water quality improvement alternatives

## **3. Questions**

# Introduction

## Meet the team!



**Michael Manning**

Project Officer,  
Ramboll



**Chrissie Swann**

Project Manager,  
Ramboll



**Amit Itkin**

Engineer,  
Ramboll



**John Watson**

Project Officer,  
Insite



**Eric Schlobohm**

Project Manager,  
Insite

# Objectives



## Project Drivers:

Truesdale Lake water quality has been **deteriorating**, and the Lake is listed on the NYSDEC listing of impaired water bodies – **reduced aesthetic and recreational qualities**

Protection of water quality within NYCDEP Croton Watershed

Incomplete data of existing conditions

Development of infrastructure scenarios for management of residential wastewaters



# Lake Facts

- 83-acre, manmade lake in 1927, bordering Connecticut
- Dam on north end controls water elevation
- Up to 14-feet deep
- Eastern edge of NYCDEP Croton Watershed

# Background

## Study area demographics

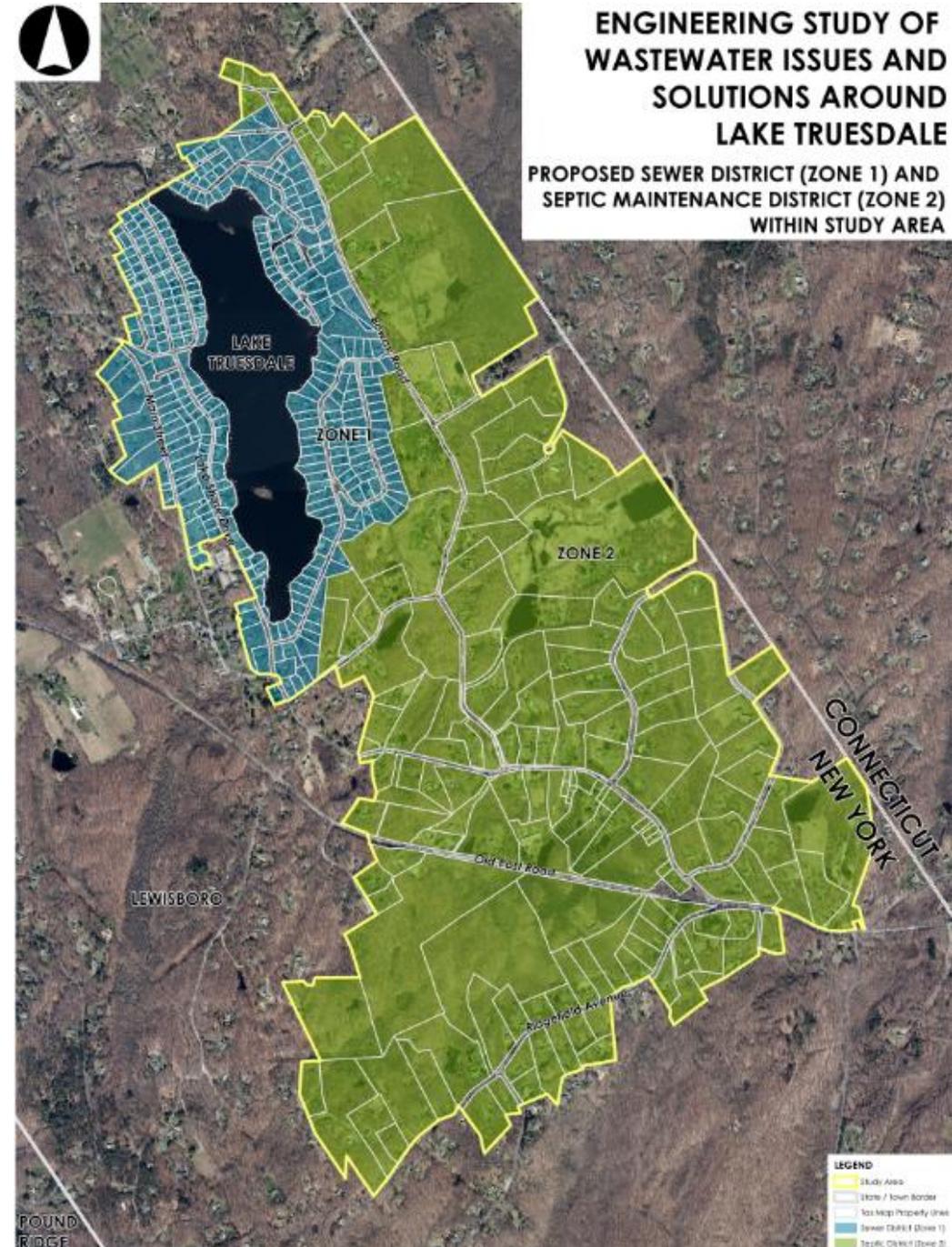
**Developed parcels:**  
419

**Population:**  
1,131 (per 2020 Census)

## Study area zones

**Zone 1:**  
Parcels less than 1 acre within  
800-feet (+/-) of  
Lake shore (blue)  
274 residences

**Zone 2:**  
Larger parcels (green)  
145 residences



# Background

## Lake health

### Nutrient loading

- Soluble reactive phosphorus, nitrate + nitrite N and TKN levels have increased over the past decade
- Phosphorus is greatest concern
- Lake does not meet recommended level for many recreational uses

### Effects of high phosphorus concentrations

- Algal blooms
- Low water visibility
- Ecosystem impacts

### Main sources of phosphorus loading

- Urban stormwater runoff
- **Septic loading**
- Fertilizers
- Wildlife

# Existing Conditions Evaluation

# Service Area Data Collection

## Data collection and review

- Historical studies
- Residence bedroom count, parcel location and age
- Census data

### Result:

**Development of flows**



## Operational

- Documented septic tank clean outs
- Documented septic system repairs

### Result:

**Extent of known/suspected underperforming onsite disposal systems (OSDS)**



## Environmental

- Site conditions

### Result

**Summary of site conditions that are favorable or unfavorable for onsite treatment**



# Septic System Environmental Conditions

***Septic systems (aka OSDS) are most effective when properly constructed, maintained, and located***

## Factors that influence OSDS performance and impact the nearby watershed:

Depth to groundwater  
(5-foot separation from absorption field)



Soil type



Depth to bedrock  
(5-foot separation from absorption field)



Proximity to lakes,  
water courses, and wetlands



Slope (<15%)

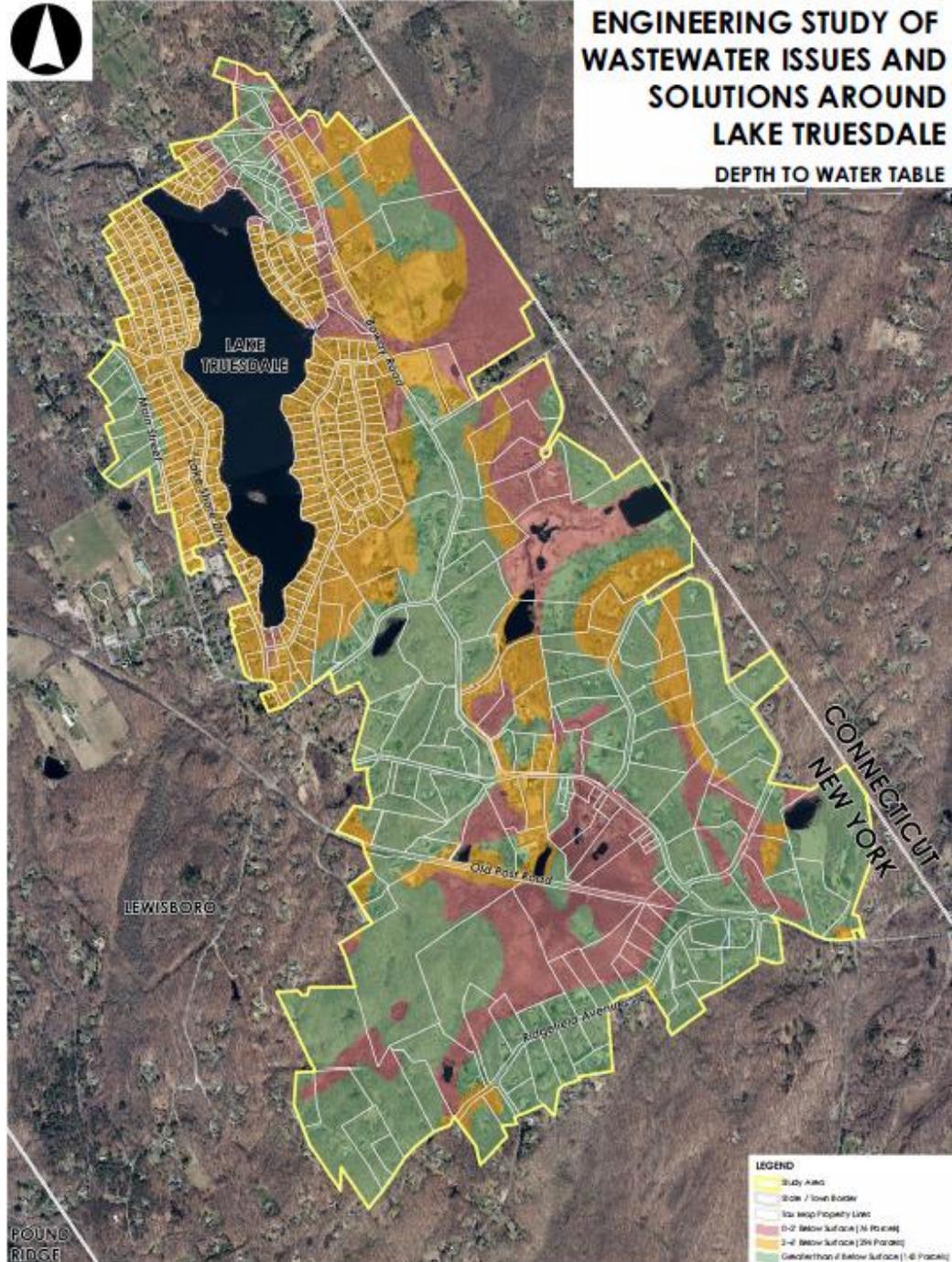


Separation distance from  
adjoining drinking water wells





**ENGINEERING STUDY OF  
WASTEWATER ISSUES AND  
SOLUTIONS AROUND  
LAKE TRUESDALE  
DEPTH TO WATER TABLE**



# Depth to Water Table

- One of several critical design considerations
- Adequate vertical separation between absorption fields and groundwater is essential for optimal performance
- WCDOH requirements: 5 feet
- Typical septic system depth: 2.5 feet

# Summary

Poor septic system conditions are contributing nutrients to the Lake via the following avenues:



Septic systems were installed in poor soils without adequate water table clearance, or shallow depth to bedrock, or on parcels too small or too sloped to support proper treatment



Septic systems are antiquated and need service and/or replacement

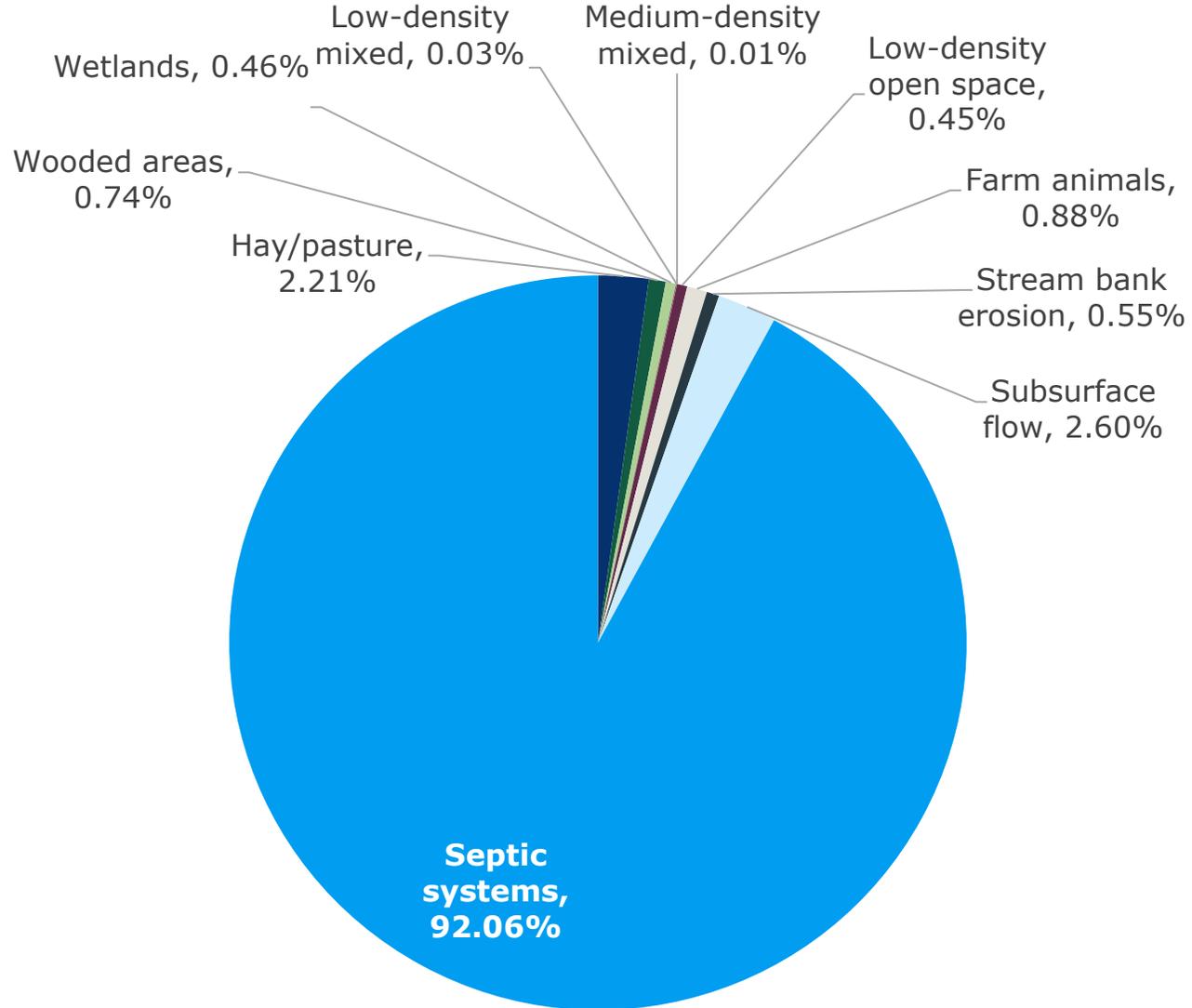


Septic systems have not been inspected, pumped or maintained



Most failures are subsurface and impossible to identify

# Phosphorus Loading Sources\*



\*Note that several scenarios of septic failures were modeled for this analysis, the data presented in this pie chart is from the worst-case scenario:

- A. 2 septic failures per Zone  
Underestimation of loading at 100 lb/year
- B. All systems within 200-feet of a water course or well, or those systems located in a shallow water table (presented worst-case)  
Overestimation of loading at 1,200 lb/year
- C. EPA Cited 15% failure  
Median estimation of loading at 403 lb/year
- D. Zero failures  
Unrealistic, shows wildlife contributes 90lb/year loading to the lake

# Description of Wastewater Management Alternative Technologies Explored

- Residential Onsite Sewage Disposal Systems
  - Enhanced Treatment Units (ETUs)
  - Gravity Collection System
  - Low-pressure Sewer Collection System with Grinder Pump
  - Vacuum Sewer Collection System
  - Effluent Sewer Collection
  - Septic Tank Effluent Pump (STEP)
  - Septic Tank Effluent Gravity (STEG)
  - Cluster Collection/Treatment System
  - Treatment at Existing Local WWTP
- 
- All of the above listed wastewater management alternatives were evaluated in depth for the Town of Lewisboro. The most feasible and cost-effective alternatives are described on the following slide.

# Water Quality Improvement Alternatives

## 01

### Upgrade existing onsite septic systems

- Enhanced nutrient reduction upgrades
- Rigid inspection and repair program
- Includes development of septic maintenance district

## 02

### Treatment at regional WWTP

- Low pressure sewers and conveyance to a local wastewater facility
- Few potential options within a reasonable distance (10 miles)

## 03

### Construction or expansion of an existing WWTP

- Low pressure sewers and conveyance to a local wastewater facility
- Closest facility is the Lewisboro Elementary School WWTP (8,000 GPD)
- Expansion of existing MBR process to 140,000 GPD avg.
- New discharge point at Waccabuc River as existing discharge may not support additional flow

*Proposed alternatives will result in a potential **87%\*** reduction of phosphorus loading to the Lake*

*\*Based off worst-case scenario evaluations*

# Recommended Alternatives for Further Review

## Zone 1

**Area immediately surrounding lake**

- Low pressure sewers with treatment at the expanded Lewisboro-Katonah Elementary School WWTP
- New effluent outfall at the Waccabuc River
- Serves 274 parcels

## Zone 2

**Upland area within project limits**

- Continued onsite treatment with addition of enhanced treatment units (nutrient removal) and inspection and repair of existing systems
- Lot sizes and location will support long term commitment to onsite systems (145 systems)
- Includes development of septic maintenance district and a septic maintenance program: evaluate systems, system repairs and remediations, long-term maintenance program



# Reduction in Phosphorus Loading to the Lake

## Scenario B

Phosphorus load and benefit to Lake	Zone 1 loading (lb/yr)	Zone 2 loading (lb/yr)	Total Lake loading (lb/yr)
<b>Septic phosphorus loading</b>	1,000	100	1,100
<b>Nonpoint source loading</b>	20	80	100
<b>Estimated phosphorus loading (septic and nonpoint source)</b>	<b>1020</b>	<b>180</b>	<b>1200</b>
<b>Estimated phosphorus WWTP effluent loading*</b>	220	N/A	N/A
<b>Estimated OSDS upgrade effluent loading</b>	N/A	40	N/A
<b>Total estimated reduction of TP</b>	800	60	
<b>Total Phosphorus load to Lake</b>	<b>20</b>	<b>120</b>	<b>140</b>



Existing modeled loading



Potential resulting modeled loading

\* WWTP effluent discharges to Waccabuc River, removing septic loading in Zone 1 to the Lake

# Questions?

# Thank you!

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